

The Lord is like a strong tower, where the righteous can go and be safe.

Proverbs 18:10

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DIYARYO KABITENYO

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Be alert, stand firm in the faith, be brave, be strong.

1 Corinthians 16:13

Authorities remove illegal fish cages in Cavite City

Authorities dismantled illegally established fish cages off the coastal waters in Cavite City recently, the Philippine Coast Guard (PCG) revealed last Sept. 17.

In a joint law enforcement operation, the PCG, Philippine National Police (PNP) Maritime Group, Department of Environment and Natural Resources (DENR), and Cavite local government unit have pursued the operation to "promote a conducive and marine environmental-friendly ecosystem in the area."

As part of the DENR's Manila Rehabilitation program, the activity promoted rehabilitation, preservation, and restoration of Manila Bay," the

PCG noted. The activity was held in response to the Supreme Court's

mandamus on Manila Bay (G.R. 171947-48), which orders the Coast Guard and con-

cerned government agencies to clean up and rehabilitate Manila Bay.



Authorities removed and dismantle illegally established fish cages off Cavite City on Sept.16, 2021. (Photo courtesy of the PCG)

Imus doctor shares story after getting COVID-19 four times; urges others to get vaccinated

A medical frontliner in Imus City, Cavite has tested positive for COVID-19 four times in just a year and three

months amid the pandemic, and she survived to tell her story. Dr. Jennifer Gaspar first contracted

the virus in April 2020. According to her in a Facebook post last Sept. 14, she suffered from diarrhea and dyspnea

(shortness of breath), positive and found herself back in the hospital for two weeks after experiencing dry cough, dyspnea and

Turn to page 2

DIYARYO KABITENYO

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ABDULFO BARCO
Publisher - Editor

GENEY BARCO
Operations Manager

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Publishers Association of the Philippines, Inc.

Researchers identify a novel player in acute myeloid leukemia

A new study led by scientists at Sanford-Burnham-Prebys has shown that the protein RNF5 plays an unusual role in acute myeloid leukemia (AML). Unlike its expected role, marking aberrant proteins for destruction, RNF5 binds with a second cell protein called RBBP4 to control expression of genes implicated in AML. These findings, published in *Nature Communications*, have important implications for improving AML patient outcomes.

"AML cells are highly dependent on the RNF5 protein," says [Ronai]. "AML is also currently understaffed, with many other healthcare workers testing positive for COVID-19."

Ze'ev Ronai Ph.D., director of the NCI-designated Cancer Center at Sanford-Burnham-Prebys and senior author of the paper. "If we inhibit it, AML cells don't survive. We can also use RNF5 levels to stratify patients for specific treatments. For example, if AML patients have low levels of RNF5 or RBBP4, they respond better to HDAC inhibitors, which are targeted treatments already used in the clinic."

The Ronai lab has been studying RNF5 for about ten years, mostly in breast and skin cancers, and became curious about its role in AML because AML patients with

high RNF5 levels often have poor outcomes. In this study, the Ronai lab worked closely with clinicians at Scripps MD-Anderson in La Jolla, the Rambam Health Care Campus in Israel and other leading scientists to generate the findings. Normally, as a ubiquitin ligase, RNF5 helps mark other proteins for destruction. But this research found that RNF5 picks up a different skill in AML cells, partnering with the epigenetic regulator RBBP4. Rather than degrading it, RNF5 modifies RBBP4 such that it impacts its recruitment to control expression of genes associated with AML growth.

"It was quite surprising for us to find this ubiquitin ligase is actually regulating gene transcription in AML," says Ali Khateb, Ph.D., a postdoctoral researcher in the Ronai lab and first author on the paper. "Ubiquitination improves recruitment of this epigenetic regulator to target genes."

When you don't have RNF5 in the cells, there is less recruitment of RBBP4 to the target genes, leading to their increased expression – and this inhibits AML growth."

The team continued to accumulate evidence that RNF5 and RBBP4 work together to drive AML.

(IMUS... from page 1)

easy fatigability. For the third time, in May, Gaspar tested positive, with severe symptoms that later resulted in pneumonia and hypoxemia, which occurs when the blood's oxygen levels are lower than normal.

However, the doctor did not develop any symptoms, did not require hospitalization and was eventually treated.

Now back on duty and fully vaccinated, Gaspar has urged others: "Guys, vaccines work, no matter what the brand is. Please get vaccinated." Gaspar added that their hospital

received her first dose

of vaccine against COVID-19, but a few weeks before her second dose, her swab test result turned out positive for the fourth time. However, the doctor did not develop any symptoms, did not require hospitalization and was eventually treated. Now back on duty and fully vaccinated, Gaspar has urged others: "Guys, vaccines work, no matter what the brand is. Please get vaccinated." Gaspar added that their hospital

Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City/Municipality: Imus

NOTICE FOR PUBLICATION

In compliance with Section 3 of Republic Act No. 9048, a notice is hereby served to the public that **MA VICTORIA HONRADA JAYTE** has filed with this Office a petition for change of first name from **VICTORIA** to **MA VICTORIA** in the birth certificate of **VICTORIA ARAGA HONRADA** who was born on **16 December 1970** = **ROSARIO CAJITE** and whose parents are **MANUEL B. HONRADA** and **CLARITA A. ARAGA**.

Any person adversely affected by said petition may file his written opposition with this Office on or later than **27 September 2021**.

(Sgd.) **MARIA ROSARIO C. SOHIANO**
Municipal Civil Registrar

DIYARYO KABITENYO - September 13 & 20, 2021

Cholesterol drives Alzheimer's plaque formation

Cholesterol manufactured in the brain appears to play a key role in the development of Alzheimer's disease. Many efforts indicate that cholesterol accumulates into insoluble plaques that are a hallmark of the disease. Many efforts have targeted these plaques in the hope

Scientists from the University of Virginia School of Medicine and their collaborators found that removing or preventing them could treat or prevent Alzheimer's.

The new findings offer important insights into how and why the plaques form and may explain why genes associated with cholesterol have been linked to increased risk for Alzheimer's.

EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH ABSOLUTE SALE

NOTICE is hereby given that the estate of the late **JUNTO M. DOMINGUEZ** who died intestate on December 21, 2003 at Toledo, Ohio, USA and **EDITH M. DOMINGUEZ** who died intestate on June 21, 1983 at Jacksonville, Florida, consisting of a Four Hundred (400) sq.m. parcel of land **JUNTO M. DOMINGUEZ** is the registered owner and Three Hundred (300) sq.m. parcel of land **EDITH M. DOMINGUEZ** is the registered owner, of the parcel of land with a total area of One Thousand Three Hundred Twenty (1320) sq.m. all covered by Transfer Certificate of Title No. T-57346 of the Registry of Deeds for the Province of Cavite, situated in the Barrio of Salinas, Municipality of Bacoor, Province of Cavite, of which **MARIANITO M. DOMINGUEZ** is the registered owner of Four Hundred (400) sq.m. parcel of land and **LOLITA D. PADUA** is the registered owner of Two Hundred Twenty (220) sq.m. parcel of land, has been adjudicated and extrajudicially settled by and among their heirs (Party 1) in the following manner:

PLAR G. DOMINGUEZ does hereby adjudicate unto herself the Four Hundred (400) sq.m. parcel of land described above.

MARIANITO M. DOMINGUEZ AND **LOLITA D. PADUA** do hereby adjudicate unto themselves the three hundred (300) sq.m. parcel of land described above.

And, for and in consideration of the sum of FIVE MILLION TWO HUNDRED EIGHTY THOUSAND PESOS ONLY (PHP 5,280,000.00), they do hereby sell, cede, transfer and convey by way of absolute sale the entire parcel of land unto **Gracia Marcela**, married to **Crisostomo Marcela**, **Luzviminda Asuncion**, married to **Rosario Asuncion**, **Josefine Asuncion**, married to **Mariuel Asuncion** and **Cesar Asuncion**, married to **Mercelita Asuncion** (Party 2), their heirs and assigns, and the parties hereto further hereby agree as follows:

1. PARTY 1 hereby warrants a legal and valid title to the property and all real property taxes (Arilyan) are currently paid and up to date, as provided by law, free from and clear of any and all liens, charges and encumbrances.

2. PARTY 1 shall defend the title to the real property subject of this Agreement against all claims of all persons or entities. The PARTY 1 also guarantees the right of PARTY 2 to take possession of the property subject of this Agreement upon signing and execution of this Agreement and will defend the PARTY 2 against all judicial or administrative actions for eviction.

3. PARTY 2 shall pay ALL taxes including capital gains tax, transfer tax, documentary stamp tax and any value added tax (VAT) applicable, if any, as well as all fees and expenses for the transfer and registration of the new title to PARTY 2.

on September 7, 2021 at Imus City, Cavite before Notary Public Atty. Carlos Emmanuel C. Montero and entered in his Notarial Register as Doc. No. 131, Page No. 31, Book No. XIII, Series of 2021.

(Sgd.) Heirs with marital consent and buyers

Publication: DIYARYO KABITENYO
Date: September 13, 20 & 27, 2021

EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH ABSOLUTE SALE

NOTICE is hereby given that the estate of the late **LYDIA M. DOMINGUEZ** who died intestate on March 4, 2013 at Jacksonville, Florida, USA married to **EFREN GARCIA** who died intestate on November 27, 1996 at Jacksonville, Florida, USA, consisting of a parcel of land **LYDIA M. DOMINGUEZ** is the absolute and registered owner, covered by Transfer Certificate of Title No. T-57544 of the Registry of Deeds for the Province of Cavite, situated in the Barrio of Salinas, Municipality of Bacoor, Province of Cavite, Island of Luzon, containing an area of Three Hundred Fifty Three (353) square meters, more or less, has been adjudicated and extrajudicially settled by and among her heirs (Party 1) in equal shares, and for in consideration of the sum of ONE MILLION FOUR HUNDRED TWELVE THOUSAND PESOS ONLY (PHP 1,412,000.00), they do sell, cede, transfer and convey by way of Absolute Sale unto **Gracia Marcela**, married to **Crisostomo Marcela**, **Luzviminda Asuncion**, married to **Rosario Asuncion**, **Josefine Asuncion**, married to **Mariuel Asuncion** and **Cesar Asuncion**, married to **Mercelita Asuncion** (Party 2), their heirs and assigns, the aforesaid parcel of land and the parties hereto further hereby agree as follows:

1. PARTY 1 hereby warrants a legal and valid title to the property and all real property taxes ("arilyan") are currently paid and up to date, as provided by law, free from and clear of any and all liens, charges and encumbrances.

2. PARTY 1 shall defend the title to the real property subject of this Agreement against all claims of all persons or entities. PARTY 1 also guarantees the right of PARTY 2 to take possession of the property subject of this Agreement upon signing and execution of this Agreement and will defend PARTY 2 against all judicial or administrative actions for eviction.

3. PARTY 2 shall pay ALL taxes including capital gains tax, transfer tax, documentary stamp tax and any value added tax (VAT) applicable, if any, as well as all fees and expenses for the transfer and registration of the new title to PARTY 2.

on September 7, 2021 at Imus City, Cavite before Notary Public Atty. Carlos Emmanuel C. Montero and entered in his Notarial Register as Doc. No. 152, Page No. 37, Book No. XIII, Series of 2021.

(Sgd.) Heirs with marital consent and buyers

Publication: DIYARYO KABITENYO
Date: September 13, 20 & 27, 2021

No guy has a magic.
Magic is in the heart of
the girl loving the guy
who can send her whole
being up in 'Cloud Nine'
even with the mere
touch on her fingertips.

-Arnold S. Barco

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECT MARTIRES CITY
BDO UNIBANK, INC.
Mortgages
Foreclosure Case No. F-034-20

ALEX Z. PADILLA,
Mortgages
X
NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4114, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at BDO Corporate Center, 7899 Makati Avenue, Makati City against the Mortgagee, **ANALIE ZAFE PADILLA AS ATTORNEY-IN-FACT OF ALEX Z. PADILLA**, with residence and postal addresses at (1) 1438 Ramassa St., Better Living Subd., Don Bosen, Parangalag City and (2) Bldg. 3, Lot 79 Pk3, Kensington, Navarron, Gen. Trias City, Cavite to satisfy the mortgage indebtedness as of 31 January 2020, amount to **ONE MILLION TWO HUNDRED FIFTY THREE THOUSAND ONE HUNDRED SEVENTY TWO PESOS AND 43/100 (Php1,253,172.43)**, Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **November 25, 2021** at 10:00 o'clock in the morning at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency, the following described property with all the improvements thereon, to-wit:

TRANSFER CERTIFICATE OF TITLE No. 057-201004907
LOT NO. 39 BLOCK NO. 3 PLANO/PCS-04-02773
PORTION OF: LOTS 1875, 2940, (RS-04-002447) & LOT 1034, (RS-04-002325) ALL OF SAN FRANCISCO DE MALABON ESTATE, DECREE NO. 4270 L.R.C. REC. NO. 5964
LOCATION: BAKANGAY OF NAVARRON, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON
BOUNDARIES:
LINE DIRECTION ADJOINING LOTS
1-2 SW LOT 40, BLOCK 3, PCS-04-02773
3-4-5 NW NE ROAD LOT 4, PCS-04-02773
5-1 SE LOT 37, BLOCK 3, PCS-04-02773
AREA: SEVENTYSEVEN SQUARE METERS (77), MORE OR LESS
All needed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **December 16, 2021** without further notice.
Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and circumstances thereon, if any there be.
Trece Martires City, **September 14, 2021.**
(Sgd.) REYNALDO L. SALOMA
Sheriff IV

Copy Furnished:
BDO UNIBANK, INC.
RISK MANAGEMENT GROUP/REMEDIAL MANAGEMENT UNIT
12th Floor, BDO South Tower, BDO Corporate Tower
7899 Makati Avenue, Makati City 0726
ANALIE ZAFE PADILLA AS ATTORNEY-IN-FACT OF ALEX Z. PADILLA

(1) 1438 Ramassa St., Better Living Subd., Don Bosen, Parangalag City
(2) Bldg. 3, Lot 79 Pk3, Kensington, Navarron, Gen. Trias City, Cavite
WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE.
Publication: **DIYARYO KABITENYO**
Dates: **September 20, 27 and October 4, 2021**

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECT MARTIRES CITY
BPI FAMILY SAVINGS BANK, INC.
Mortgages
Foreclosure Case No. F-047-21

FRANCISCO STA. ANA VICTORIO A.K.A. FRANCISCO STA ANA VICTORIO,
Mortgages
X
NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4114, filed by Mortgagee, **BPI FAMILY SAVINGS BANK, INC.**, with business address at BPI Buendia Center, 27th Fl., BPI Center Bldg. 172 Sen. Gil Puyat Ave., Brgy. Bel-Air, Makati City against the Mortgagee, **FRANCISCO STA. ANA VICTORIO A.K.A. FRANCISCO STA ANA VICTORIO**, with residence and postal addresses: (1) No. 319 Follon St., Dagupan, Tondo, and (2) Block 11 Lot 8, Phase 9, Kensington Place, Brgy. Navarron, General Trias, Cavite, to satisfy the mortgage indebtedness as of 27 May 2021, amount to **EIGHT HUNDRED FORTY THREE THOUSAND EIGHT HUNDRED THIRTY FIVE PESOS AND 00/100 (Php843,835.00)**, Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **November 25, 2021** at 10:00 o'clock in the morning at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency the following described property with all the improvements thereon, to-wit:

TRANSFER CERTIFICATE OF TITLE No. 057-201807610
LOT NO. 9 BLOCK 11 PLANO/PCS-04-02773
PORTION OF: LOTS 1649, SAN FRANCISCO DE MALABON ESTATE (RS-04-002490) AND BLOCK 11 & 14, PCS-04-02773, DECREE NO. 4270 L.R.C. REC. NO. 5964
LOCATION: BAKANGAY OF NAVARRON, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON
BOUNDARIES:
LINE DIRECTION ADJOINING LOTS
1-2 SW LOT 6, BLOCK 11, PCS-04-02773
3-3 NW ROAD LOT 9
4-4 SE LOT 10, BLOCK 11, PCS-04-02773
4-1 SE LOT 7, BLOCK 11, PCS-04-02773
AREA: FIFTY SQUARE METERS (50), MORE OR LESS
All needed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the

said date and time, it shall be held on **December 16, 2021** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and circumstances thereon, if any there be.
Trece Martires City, **September 14, 2021.**
(Sgd.) REYNALDO L. SALOMA
Sheriff IV

Copy Furnished:
BPI FAMILY SAVINGS BANK, INC.
BPI Buendia Center 27th Fl., BPI Center Bldg., 172 Sen. Gil Puyat Ave., Brgy. Bel-Air, Makati City
FRANCISCO STA. ANA VICTORIO A.K.A. FRANCISCO STA ANA VICTORIO
(1) No. 319 Follon St., Dagupan, Tondo, Manila
(2) Block 11 Lot 8, Phase 9, Kensington Place, Brgy. Navarron, General Trias, Cavite
WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE.
Publication: **DIYARYO KABITENYO**
Dates: **September 20, 27 and October 4, 2021**

Hysterectomy can be avoided for common gynecological condition

Adenomyosis — abnormal uterine bleeding and/or pelvic pain, the researchers noted. Considered a common uterine condition, the syndrome often goes undiagnosed until it results in a hysterectomy, although surgery may be preventable for some women, according to the findings published in JAMA Network.

The researchers identify several medical therapies and uterine-sparing procedures that can effectively improve symptoms without need for a hysterectomy.

Up to 1 in 3 women have adenomyosis, which should be considered in the differential diagnosis of

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY CAVITE

RIZAL COMMERCIAL BANKING CORPORATION, in its capacity as successor-in-interest of **RCBC Savings Bank, Inc.** represented by Atty. Billy Jim T. Carandang and Ms. Shilayne B. Tamaguin,
Plaintiff-Mortgagee,

vs.

Tenure Case No. F-076-21

DOMINGO A. IBARLIN JR.
MARIA EMMEREN IBARLIN,
Respondent-Mortgagor's,

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4178, filed by Mortgagee, **RIZAL COMMERCIAL BANKING CORPORATION**, (in its capacity as successor-in-interest of **RCBC Savings Bank, Inc.**) represented by Atty. Billy Jim T. Carandang and Ms. Shilayne B. Tamaguin, 11th Floor AT Yachangan Centre, 25th & 26th Sts., Bonifacio Global City, Tagaytay City against the Mortgagors, **SPS. DOMINGO A. IBARLIN JR. & MARIA EMMEREN IBARLIN** with residence and postal address at # Blk. 126, Lot 24, Phase 4, Mary Crea Complex, Gen Trias, Cavite, to satisfy the mortgage indebtedness as of 12 July 2021 amount to ONE MILLION ONE HUNDRED FIFTY FOUR THOUSAND FOUR HUNDRED NINETY SIX PESOS & 62/100 (P1,154,496.62), Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **September 25, 2021** at 10:00 o'clock in the morning at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE
No. 857-201604602

A PARCEL OF LAND (LOT 33, BLK 14 OF THE CONSOLIDATION & SUBDIVISION PLAN PCS-04-028801 BEING A PORTION OF LOTS 2374-A, PLS-2569-D & LOT 2372 SAN FRANCISCO DE MALABON ESTATE & LOTS 2374-B-1 & 2374-B-2, PSD-04-030258) SITUATED IN BARANGAY OF SANTIAGO, MUNICIPALITY OF GENERAL TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON, BOUNDED ON THE SE, ALONG LINES 1-2-3 BY ROAD LOT 3, ON THE SE, ALONG LINE 3-4 BY LOT 32, BLK 14, ON THE SW, ALONG LINES 4-5-4 BY LOT 6, BLK 14 AND ON THE NW, ALONG LINES 6-1 BY LOT 34, BLK 14 ALL OF THE CONSOLIDATION & SUBDIVISION PLAN, BEGINNING AT A POINT MARKED "1" ON THE PLAN, XXX CONTAINING AN AREA OF NINETY FOUR (94) SQUARE METERS, MORE OR LESS XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **December 16, 2021** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, **September 14, 2021.**

(Sgd.) **ANDRES B. ESPINA**
Sheriff IV

Copy Furnished:

RIZAL COMMERCIAL BANKING CORPORATION
Atty. Billy Jim T. Carandang,
Head-Legal Services Div.
Remedial Management & Services Division

SPS. DOMINGO A. IBARLIN JR.
& MARIA EMMEREN IBARLIN
Blk. 126, Lot 24, Phase 4, Mary Crea Complex, Gen Trias, Cavite

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE.

Publication: **DIYARYO KABITENYO**
Dates: September 20, 27 and October 4, 2021

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY CAVITE

RIZAL COMMERCIAL BANKING CORPORATION, in its capacity as successor-in-interest of **RCBC Savings Bank, Inc.** represented by Atty. Billy Jim T. Carandang and Ms. Shilayne B. Tamaguin,
Mortgagee,

vs.

Tenure Case No. F-075-21

JEFFSY F. ARNADO,
Debtor/Mortgagor,

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4178, filed by Mortgagee, **RIZAL COMMERCIAL BANKING CORPORATION**, (in its capacity as successor-in-interest of **RCBC Savings Bank, Inc.**) represented by Atty. Billy Jim T. Carandang and Ms. Shilayne B. Tamaguin with business address at 11th Floor AT Yachangan Centre, 25th & 26th Sts., Bonifacio Global City, Tagaytay City

against the Mortgagor, **JEFFSY F. ARNADO** of legal age, Filipino, with postal address at Suite 1, Sakat, Marikina City, Metro Manila Philippines to satisfy the mortgage indebtedness as of 12 July 2021, amount to **EIGHT HUNDRED FIFTY THOUSAND FOUR HUNDRED SEVENTY THREE PESOS & 70/100 (P85,473.70)**, Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **September 25, 2021** at 10:00 o'clock in the morning at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE
No. 857-201604442

A PARCEL OF LAND (LOT 15, BLOCK 10 OF THE SUBDIVISION PLAN PSD-04-222844, BEING A PORTION OF LOT 3364-B, PLS-2015-DL.R.C. REC. NO. 1) SITUATED IN THE BARANGAY OF SANTIAGO, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON, BOUNDED ON THE NE, ALONG LINE 1-2 BY ROAD LOT 10, ON THE SE, ALONG LINE 2-1 BY LOT 14, ON THE SW, ALONG LINE 3-4 BY LOT 2, AND ON THE NW, ALONG LINES 4-1 BY LOT 16, ALL OF THE BLOCK 10, ALL OF THE SUBDIVISION PLAN, BEGINNING AT A POINT MARKED "1" ON THE PLAN, XXX CONTAINING AN AREA OF FORTY SQUARE METERS & FIFTY DECIMETERS (40.50) XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **December 16, 2021** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, **September 14, 2021.**

(Sgd.) **ANDRES B. ESPINA**
Sheriff IV

Copy Furnished:

RIZAL COMMERCIAL BANKING CORPORATION
Atty. Billy Jim T. Carandang,
Head-Legal Services Div.
Remedial Management & Services Division

JEFFSY F. ARNADO
Suite 1, Sakat, Marikina City, Metro Manila

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE.

Publication: **DIYARYO KABITENYO**
Dates: September 20, 27 and October 4, 2021

COVID-19 antibodies persist, reduce reinfection risk for up to six months, study finds

A Michigan Medicine study found that most patients with mild COVID-19 infections produce antibodies that persist and protect them from reinfection for up to six months.

Researchers analyzed nearly 130 subjects with PCR-confirmed COVID-19 illness between three and six months after initial infection. Three patients were hospitalized while the rest were treated as outpatients and experienced mild infection, with symptoms including headaches, chills and loss of taste or smell.

The results, published in *Microbiology Spectrum*, reveal approximately 90% of participants produced spike and nucleocapsid antibody responses, and all but one had persistent antibody levels

at follow up. "Previously, there was a lot of concern that only those with severe COVID-19 produced strong antibody responses to infection," said Charles

Schuler, M.D., lead author of the paper and clinical assistant professor of allergy and immunology at Michigan Medicine. "We're showing that people with mild bouts of COVID-19 did really well after their infection, made antibodies, and kept them."

The prospective study's participants were either Michigan Medicine health care workers or patients with a high risk of exposure to COVID-19. Most subjects took part in the same research team's previous study, which

found that COVID antibody tests are effective at predicting prior infection.

During the observation period, none of the subjects who produced antibodies were re-infected, compared to 15 antibody-negative patients. Schuler's team also found that the antibodies' ability to neutralize COVID-19 did not differ significantly from the first visit, which occurred three months after infection, to the second visit at the six-month mark.

"While some studies have suggested antibodies against COVID-19 wane over time, these findings provide strong prospective evidence for longer-term immunity for those who produce an immune

response to mild infection," said James Baker Jr., M.D., senior author of the paper and founding director of the Mary H. Weiser Food Allergy Center at Michigan Medicine. "To our knowledge, this is the first prospective study that demonstrates such a risk reduction for clinical reinfection in this specific type of population."

The team of researchers is now analyzing samples of this subject group taken up to a year after infection to further evaluate antibody responses. Meanwhile, they concluded that individuals with COVID-19 can delay vaccination for 90 days after infection ends. The Centers for Disease Control and Prevention recommends those treated with monoclonal anti-

bodies or convalescent plasma wait 90 days after receiving treatment before getting vaccinated, and others should wait until they have recovered from COVID-19 and "have met the criteria to discontinue isolation."

A study conducted in Kentucky that found that unvaccinated people who already had COVID-19 were 2.34 times more likely than fully vaccinated people to be infected again, suggesting "vaccination provides additional protection against reinfection."

Additionally, the research was conducted between March 2020 and Feb. 2021, months before the highly transmissible Delta variant became the dominant strain of COVID in the United States.

Amid rising cases and hospitalizations, Schuler said, remaining unvaccinated comes with "a high price" for immunity.

"These results are encouraging for those who have already run the gauntlet of COVID-19 infection,"

he said. "However, I do not recommend citing this study as a reason not to be vaccinated for those never previously infected. Vaccination decreases infectiousness, the risk of hospitalization and deaths from COVID-19, without

having the actual infection. Achieving natural immunity by deferring vaccination in favor of infection is not worth going through the discomfort, risk to yourself and risk to others."

Probiotic-containing yogurt protects against microbiome changes that lead to antibiotic-induced diarrhea

Eating yogurt containing a particular strain of a well-studied probiotic appears to protect against harmful changes in the gut microbiome that are associated with antibiotic administration. That is the finding from a new randomized clinical trial, led by researchers at the University of Maryland School of Maryland (UMSOM), the University of Maryland School of Pharmacy (UMSOP), and Georgetown University Medical Center, which was recently published in the journal *Nutrients*.

The study found that yogurt containing the probiotic Bi-

fidobacterium lactis BB-12 worked better than a placebo at maintaining the community of bacteria in the colon. The findings were so positive that the NIH funded an additional follow-up study.

"This finding provides important new insights into the mechanisms by which the probiotic, BB-12, may protect against antibiotic-associated diarrhea," said study co-leader Claire Fraser, PhD, Professor of Medicine and Dean's Endowed Professor of UMSOM and Director of the UMSOM Institute for Genome Sciences. "The new insights that we obtained re-

garding BB-12 reflect the multi-omics approach that we used in our study. This was possible only because of the different expertise that each of the principal investigators brought to this collaboration."

In the study, 42 healthy volunteers were randomly assigned to consume a daily serving-size container of yogurt containing BB-12 along with a standard week-long regimen of the antibiotic amoxicillin clavulanate. They continued to consume the yogurt every day for a week after finishing the antibiotic. An additional 20 participants served as the control group and were ran-

domly assigned to consume a daily yogurt without the probiotic for two weeks while also taking the same antibiotic regimen.

The researchers found that levels of the short chain fatty acid acetate, a beneficial metabolite produced by the microbiota, were reduced in all subjects after taking the antibiotic; however, the reduction in acetate was significantly greater in subjects receiving the placebo yogurt as compared with BB-12 supplemented yogurt. Acetate levels in subjects who received BB-12 also returned to baseline levels by 30 days, while they remained below baseline

in subjects receiving the placebo.

About one in five people who take antibiotics develop antibiotic-associated diarrhea due to the drugs disrupting the healthy gut microbiome. Patients may stop taking their medications early after developing diarrhea, which could cause their original infection to persist. A small percentage may develop a life-threatening infection with the bacteria *C. difficile*, which can reside in the gut but is usually kept in check by good bacteria in the microbiome.

"An important reason why our study may have demonstrated positive re-

sults may be the timing of the probiotic administration on the day antibiotics were initiated by the study volunteers."

said study co-leader Daniel Merenstein, MD, Professor of Family Medicine and Director of Research Programs for the Department of Family Medicine at Georgetown University School of Medicine. "Starting the probiotic as early as possible, before the antibiotic symptoms have progressed, may result in a greater opportunity for the probiotic mechanisms

to be expressed and may ultimately lead to more beneficial clinical outcomes."

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Scientists explore the creation of artificial organelles

The human body is made of numerous different types of cells, which have small compartments known as organelles to perform complex biochemical reactions. These compartments have multiple enzymes that work together to execute important cellular functions. Researchers at the Center for Soft and Living Matter within the Institute for Basic Science (IBS, South Korea) have successfully mimicked these nano spatial compartments to create 'artificial mitochondria' in the latest research published in Nature Catalysis as a cover

article. They state the technology can be used to construct artificial organelles that can supply ATP or other useful molecules to cells in damaged or diseased tissues. This was achieved through reprogramming of 'exosomes', which are small vesicles (diameter ~120 nm) that cells use for intercellular signaling. The researchers carried out the experiments using microfluidic droplet reactors, which generated small droplets that were of similar size as typical cells. (diameter ~10 nm) The researchers first aimed to facilitate

controlled fusion of these exosomes within the droplets while preventing unwanted fusions. They accomplished this by tailoring the exosome surfaces with molecules called catechol, which is a chelating agent that forms complexes with metal ions. This was in turn done by attaching the catechol onto antibodies that target specific cell markers, such as CD9. The complex-forming property of catechol allows them to drive fusions between exosomes when they are mixed with metal ions such as Fe³⁺.

Socializing may improve older adults' cognitive function in daily life

others is important for mental health and well-being, and it may help improve cognition, as well — especially for older adults, according to new research.

In a study led by Ruixue Zhaoyang, assistant research professor of the Center for Healthy Aging at Penn State, the researchers found that when adults between the ages of 70 and 90 reported more frequent, pleasant social interactions, they also had better cognitive performance on that day and the following two

Zhaoyang said the findings — recently published in the journal PLOS ONE — may have special relevance now due to social distancing mitigation measures throughout the COVID-19 pandemic.

"Our study is one of the first to show that whether you have social interactions on one day can immediately affect your cognitive perfor-

mance that same day and also on the following days," Zhaoyang said. "The fact that we found that the cognitive benefits of having pleasant social interactions could manifest over such a short time period was a happy surprise and could be a promising area for future intervention studies."

According to the Alzheimer's Association, more than six million Americans are currently living with Alzheimer's disease, and that number is expected to rise to almost 13 million by 2050. Additionally, deaths from Alzheimer's disease and other dementias have risen by 16 percent during the COVID-19 pandemic.

Zhaoyang said that without reliable drug therapies, it's critical to find ways to help prevent these conditions before they reach the clinical stage.

"Alzheimer's disease and other demen-

tias impose substantial burdens on patients as well as their family and caregivers," Zhaoyang said. "It's important to find modifiable risk factors for cognitive decline before they progress to the clinical stages of Alzheimer's disease. Social isolation later in life is one risk factor for dementia, and also one we have some control over."

The researchers used data collected by smartphones over 16 days on 312 older adults for the study. The participants were prompted five times throughout the day to report how many social interactions they'd had, who they interacted with, and whether it was a positive or negative experience. Digital interactions like talking by phone or texting were counted as well as in-person ones.

In addition, participants completed three mobile cognitive tests after each check-in.