

**The Lord is like a strong tower, where the righteous can go and be safe.**

Proverbs 18:10

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# DIYARYO KABITENYO

Nagmamalasakit sa lalawigan

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**Be alert, stand firm in the faith, be brave, be strong.**

1 Corinthians 16:13

## GenTri tightens quarantine protocols due to surge in COVID-19 cases

Gen. Trias City Mayor Antonio Ferrer issued Executive Order no. 08-S-2021 for the implementation of a more rigorous public health protocols to curtail the further spread of the pandemic in the city.

The local chief executive together with Vice Mayor Moris Sison conferred with the Chief of Police of the General Trias Component City Police Station and all Sub-Station Commanders for the strict and immediate implementation of said executive order.

This developed due to the alarming surge in the number

of COVID-19 cases in the city in the past four weeks.

According to the GenTri City Epidemiology and Surveillance Unit (CESU), from the total of 21 active cases in February 16, 2021 the number of active cases ballooned to 126 from the latest addition of 16 new cases as of March 16, 2021.

EO 08 s. 2021 states that curfew hours in the city will be enforced from 10pm-5am while curfew for children aged 10-15 years is 6pm to 7am. Residents aged between 16-65 years are

allowed to leave their

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### Jonvic bans tourists from Kaybiang Tunnel over traffic, peace and order issues

Gov. Jonvic Remulla has banned tourists from gathering at the Kaybiang Tunnel as a health measure and for public order.

In a Facebook post, Remulla said he had been receiving re-

ports that the tunnel had become a source of traffic congestion because of the number of people there. He said the convergence of people near the tunnel also poses a challenge to peace and order in

the area.

The other weekend, a video showing a brawl between riders in the area went viral on social media.

"All day, thousands of cyclists and motorcycle riders and

motorists stop there to eat, flirt and take selfies and photos," he also said in Filipino.

Remulla has issued an executive order, effective March 19, banning parking

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# DIYARYO KABITENYO

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ARNULFO BARCO  
Publisher - EditorGENER BARCO  
Operations Manager

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## Papi

Publishers Association of the Philippines, Inc.

### (GENTRI... from page 1)

while Authorized Persons Outside of Residence (APOR) are exempted provided they show proper identification in control/check-points.

Liquor ban in the city will be implemented from March 15 - April 15, 2021.

All forms of public mass or social gatherings including weddings, birthdays, funerals, entertainment activities are limited to 10 persons or fifty percent (50%) of venue capacity which also applies to restaurant dining services.

In the observance of the Holy Week, Visita Iglesia by non-residents will be prohibited and only designated churches can be visited on Maundy Thursday. These are the historic St. Francis of Assisi Church in the town proper, St. Vincent-Ferrer Parish in Manggahan, Our Lady of Guadalupe in Barangay Javalera, San Gabriel Arkangel Parish in Barangay San Francisco, and The Annunciation Parish in Barangay Pasong Camachile.

Meanwhile, mourning rites or funeral wakes will be regulated to five (5) days if the cause of death is not COVID-related, while immediate interment is mandatory for COVID-related deaths.

## Non-DNA mechanism is involved in transmitting paternal experience to offspring

It has long been understood that a parent's DNA is the principal determinant of health and disease in offspring. Yet inheritance via DNA is only part of the story; a father's lifestyle such as diet, being overweight

and stress levels have been linked to health consequences for his offspring. This occurs through the epigenome — heritable biochemical marks associated with the DNA and proteins that bind

### (JONVIC... from page 1)

vehicles, eating, taking selfies and loitering near the Kaybiang Tunnel.

Bike riders will not be allowed to use the tunnel for leisure purposes and blowing vehicle horns along the 300-meter tunnel.

The governor said he does not mean to spoil people's fun but

it. But how the information is transmitted at fertilization along with the exact mechanisms and molecules in sperm that are involved in this process has been unclear until now.

A new study from McGill, published recently in *Developmental Cell*, has made a significant advance in the field by identifying how environmental information is transmitted by non-DNA molecules in the sperm. It is a discovery that advances scientific understanding of the heredity of paternal life experiences and potentially opens new avenues for studying disease transmission and prevention.

"The big breakthrough with this study is that it has identified a non-DNA based means by which sperm remember a father's environment (diet) and transmit that information to the embryo," says Sarah Kimmins, PhD, the senior author on the study and the Canada Research Chair in Epigenetics, Reproduction and Development. The paper builds on 15 years of research from her group. "It is remarkable, as it presents a major shift from what is known about heritability and disease from being solely DNA-based, to one that now includes sperm proteins.

became popular among motorcycle riders and cyclists in 2020, when visitors went up to 2,500 people per weekend from an average of just 200.

Motorcycle riders and cyclists often take the Ternate - Nasugbu highway leading to the tunnel because of its smooth surface, picturesque scenery, winding roads and close proximity to Metro Manila.

The Ternate-Nasugbu highway allows motorcycles of any size to travel on it. As such, it has become one of the favorite ride routes of motorcycle riders and groups.

Kaybiang Tunnel

Republic of the Philippines  
 Fourth Judicial Region  
 Regional Trial Court of Cavite  
 Office of the Clerk of Court & Ex-Officio Sheriff  
 New Justice Hall, JP Rizal Avenue, Kayhigal South, Tagaytay City

**BPI FAMILY SAVINGS BANK, INC.,**  
*Plaintiff-Mortgagee*

EJF NO. TG-21-003  
 For Extra-judicial Foreclosure of  
 Real Estate Mortgage under Act 3135,  
 as amended by Act No. 4118

**JOHN PAUL C. ALFARO**  
 BY: **FARRAH MAE M. ALFARO (AIF)**  
 A.K.A **FARRAH MAE ALFARO,**  
*Respondent-Mortgagor-Borrower*

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by *Mortgagee*, **BPI FAMILY SAVINGS BANK, INC.,** a banking corporation duly organized and existing under the laws of the Philippines, with principal office and place of business addresses at (1) 109 Dela Rosa St., corner Pason de Roxas, Makati City and (2) BPI Buendia Center 279 Flr., BPI Buendia Center Bldg. 372 Sen. Gil Puyat Ave., Brgy. Bel-Air, Makati 1209 pursuant to the terms and conditions of the Mortgage Loan Agreements ("MORTGAGE") both executed and notarized on January 8, 2015 by *Borrower/Mortgagor* **JOHN PAUL C. ALFARO,** single, of legal age, Filipino, with residence and postal addresses at (1) B7 Lot 15 Block Nielsen St., Seamans Village, Brgy. Peta Sampaloc-3, Dasmariñas, Cavite and (2) Unit 2003, 20th Floor, Tower 3, Wind Residences, Emilio Aguinaldo Highway, Brgy. Maharlika West, Tagaytay City, Cavite, represented by **FARRAH MAE ALFARO** as per Irrevocable Special Power of Attorney executed and notarized on November 27, 2014, in favor of the *Plaintiff/Mortgagee*, over a real estate property including improvements thereon, described in and covered by Condominium Certificate of Title No. **076-2016001091** of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the *Borrower/Mortgagor* in the amount of **TWO MILLION EIGHT HUNDRED TWENTY SEVEN THOUSAND SIX HUNDRED SEVEN PESOS & 41/100 (P=2,827,607.41)** inclusive of interest, penalties and other charges, as of January 6, 2021, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, **ALEX E. MARTINEZ,** will sell at public auction on **April 15, 2021 at 10:00 o'clock in the morning** or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following properties with all its improvements thereon, to wit:

**CONDOMINIUM CERTIFICATE OF TITLE**  
 NO. **076-2016001091**  
 Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that the unit identified and described as:

**TOWER 3 - 20<sup>th</sup> FLOOR**  
**UNIT - 2003**  
**RESORT RESIDENTIAL UNIT - 1**  
**UNIT AREA - 28.72 SQ.M.**

in the diagrammatic floor plan appended to the enabling or master deed of the condominium

project mentioned in TRANSFER CERTIFICATE OF TITLE 2012004157; 2012004158; 2012004159 which embraces and describes the land located at MAHARLIKA WEST, TAGAYTAY CITY with an area of SEVENTEEN THOUSAND SIX HUNDRED SIXTY-TWO (17,682) Square Meters, registered in the name of:

**Owner: JOHN PAUL C. ALFARO, OF LEGAL AGE, SINGLE, FILIPINO**

**Address: BLOCK 7, LOT 15 SEAMANS VILLAGE, BARANGAY SAMPALOC-3, PETA, DASMARIÑAS CITY, CAVITE, PHILIPPINES"**

In the event the public auction should not take place on the said date, it shall be held on **April 22, 2021 at 10:00 o'clock in the morning** without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2016001091** the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, March 2, 2021.

(Sgd.) **ATTY. VARRA ANN A. VARIAS-DIMAYOGA**  
 Clerk of Court & Ex-Officio Sheriff

(Sgd.) **ALEX E. MARTINEZ**  
 Sheriff In-Charge

**WARNING:**

**IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW**

Copy Furnished:

**BPI FAMILY SAVINGS BANK, INC.,**  
 Mortgagee  
 BPI Buendia Center 279 Flr., BPI Buendia Center Bldg. 372 Sen. Gil Puyat Ave., Brgy. Bel-Air, Makati 1209

**BPI FAMILY SAVINGS BANK, INC.,**  
 Mortgagee  
 109 Dela Rosa St., corner Pason de Roxas, Makati City

**JOHN PAUL C. ALFARO**  
**FARRAH MAE M. ALFARO (AIF)**  
 Mortgagee  
 Unit 2003 20th Floor, Tower 3, Wind Residences, Emilio Aguinaldo Highway, Brgy. Maharlika West, Tagaytay City, Cavite

**JOHN PAUL C. ALFARO**  
**FARRAH MAE M. ALFARO (AIF)**  
 Mortgagee  
 B7 Lot 15 Block Nielsen St., Seamans Village, Brgy. Peta Sampaloc-3, Dasmariñas, Cavite

Publication - **DIYARYO KABITENYO**  
 Dates - **March 8, 15 & 22, 2021**

# Brain disease research reveals differences between sexes

Men and women with vascular cells for are impacted differ- 20 years and, up un- ently by brain diseases, til maybe about five like Alzheimer's dis- years ago, if you asked ease and Parkinson's if the sex of my cells disease. Researchers mattered at all, I would are urging their col- have said no," Clyne leagues to remember said. Then, she worked those differences when on a difficult study in researching treatments which data appeared and cures. "all over the place."

In APL Bioengi- "We separated the neering, by AIP Pub- cell data by sex, and it lishing, University of all made sense," Clyne Maryland scientists said. "It was an awak- highlight a growing ening for me that we body of research sug- should be studying gesting sex differenc- this."

es play roles in how As of 2020, an es patients respond to timated 5.8 million brain diseases, as well Americans were di- as multiple sclerosis, agnosed with Alzhei- mer's disease, another and other brain ail- I million with Parkin- son's disease, 914,000 ments.

That is progress with multiple sclerosis, from just a few years and 63,000 with motor ago, said Alisa Morsa neuron disease. These Clyne, director of diseases happen when the university's Vas- nerve cells in the brain cular Kinetics Labo- and nervous system ratory. quit working and, ulti- mately die.

REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
TRECE MARTIRES CITY

BANGKO MABUHAY (A RURAL BANK), INC.,  
Mortgagee,

FORECLOSURE CASE NO. F-012-21

—versus—

ESPERANZA B. SANTOS

Mortgagee,

X-----X

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon Extra-Judicial Petition for Sale under Act 3315, as amended by Act 4118, filed by Mortgagee, **BANGKO MABUHAY (A RURAL BANK), INC.**, with business address at A Soriano Highway, Daang Amaya III, Tama, Cavite against the Mortgagee, **ESPERANZA B. SANTOS**, with residence and postal address at Bk. 11, Lot 5, Ph. 1, Regina Villa 2000, Brgy. Inocencio, Trece Martires City, Cavite, to satisfy the mortgage indebtedness which as of 16 February 2021 amounts to **TWO HUNDRED THREE THOUSAND SIX HUNDRED SIXTY THREE PESOS AND 48/100 (P23,063.48)**, Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **MAY 20, 2021** at 10:00 o'clock in the morning at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE NO. T-0962**

A parcel of Land ( Lot 5, Bk. 11) of the subd. plan, Psd-04-101657, being a portion of lot 3007, Pa-2634, Sta. Cruz de Malabon Estate, LRC Reg. No. X, situated in Brgy. of Inocencio, City of Trece Martires, Bounded on the S; along line 1-2 by lot 6, blk. 11, on the W, along line 2-3 by lot 3, blk. 11, on the N, along line 3-4 by Rd. Lot 10, on the E, along line 4-1 by lot 7, blk. 11, all of the subd. plan. Beginning at a pt. marked "1" on plan xxx containing an area of **FORTY (40) SQ. METERS xxx**.

A BUILDING (VII), SITUATED AT REGINA VILLE, INOCENCIO, TRECE MARTIRES CITY, CAVITE, WITH FLOOR AREA OF 24 SQ. MS. WITH MARKET VALUE OF PHP 175,000.00 UNDER TAX DECLARATION OF REAL PROPERTY NO. 007-04-0999-R0R.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **May 27, 2021** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, March 02, 2021.

(Sgd.) **LUCIO C. ALEJO III**  
Sheriff IV

Copy Furnished:

BANGKO MABUHAY (A RURAL BANK), INC.,  
A Soriano Highway, Daang Amaya III, Tama, Cavite

ESPERANZA B. SANTOS  
Bk. 11, Lot 5, Ph. 1, Regina Villa 2000  
Brgy. Inocencio, Trece Martires City, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

Publication : DIYARYO KABITENYO  
Dates : March 8, 15 & 22, 2021

REPUBLIC OF THE PHILIPPINES  
REGIONAL TRIAL COURT  
FOURTH JUDICIAL REGION  
BRANCH 19  
CITY OF BACOR

IN RE: PETITION FOR THE RECONSTITUTION  
OF TRANSFER OF CERTIFICATE OF TITLE  
NO. T-1126132 OF THE REGISTRY OF DEEDS  
OF BACOR CITY, CAVITE

LRC CASE NO  
8843-2020-34

EDITHA A. BELEY,

Petitioner,

vs. -----  
**NOTICE OF HEARING**

There is a petition filed by petitioner through counsel for the reconstitution of Transfer of Certificate of Title no. T-1126132 of The Registry of Deeds of Bacoor City, Cavite on the grounds alleged therein.

NOTICE IS HEREBY GIVEN THAT said petition has been set for hearing on April 23, 2021 at 8:30 in the morning, in this Court, on which date and hour and place, any person interested is urged to appear and show cause why the same should not be granted.

Let this Notice be published once a week for three (3) consecutive weeks in a newspaper of general circulation in the Cities and Province of Cavite.

Let a copy of this Notice and that of the Petition be furnished the Register of Deeds Bacoor City, Register of Deeds of the Province of Cavite and the Office of the Solicitor General, Makati City.

WITNESS THE HONORABLE ARNEL G. ESPIRITU, Assisting Judge of this Court this 18<sup>th</sup> day of December 2020 at Bacoor City, Cavite.

(Sgd.) **ROSELLE ANN B. CATIPAY**  
Branch Clerk of Court

Copy Furnished:

REGISTRY OF DEEDS  
Bacoor City, Cavite

REGISTRY OF DEEDS  
Trece Martires City, Cavite

OFFICE OF THE SOLICITOR GENERAL  
134 Ameroso Street, Legaspi Village,  
Makati, Kalakhang Maynila

EDITHA A. BELEY  
2767 Caloscan St., Brgy. 204, Zone 18,  
District II, Tondo, Manila

NICDAO LAW OFFICE  
401 West Trade Center  
132 West Avenue, Quezon City

Publication: DIYARYO KABITENYO  
Dates : March 8, 15 & 22, 2021

## Video-led feedback program reduces behavior problems in children as young as 12 months

A home-based behaviour problems, parenting programme which very unusual-ly focuses on children

when they are still toddlers and, in some cases, just 12 months old, has proven highly successful during its first public health trial.

The six-session programme involves providing carefully-prepared feedback to parents about how they can build on positive moments when playing and engaging with their child using video clips of everyday interactions, which are filmed by a health professional while visiting their home.

It was trialled with 300 families of children who had shown early signs of behaviour problems. Half of the families received the programme alongside routine health-care support, while the other half received routine support alone. When assessed five months later, the children whose families had access to the video-feedback approach displayed significantly reduced behavioural problems compared with those whose families had not.

REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
DASMARIÑAS CITY, CAVITE

**CHINA BANK SAVINGS, INC.,**  
Petitioner/Mortgagee.

File No. FC-DC-0001-20  
**EXTRA JUDICIAL FORECLOSURE  
OF REAL ESTATE MORTGAGE  
UNDER ACT 3135, AS AMENDED  
BY ACT 4118**

- versus -

**SPS. MARY ANN B. ORLANDA and  
JENNER Q. ORLANDA,**  
Respondents/Mortgagees.

**NOTICE OF SHERIFF'S SALE**

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118 filed by the petitioner/mortgagee, **CHINA BANK SAVINGS, INC.**, with postal address at CBS Building, No. 314 Sen. Gil J. Payson Ave., Makati City against the respondents/mortgagees, **MARY ANN B. ORLANDA and JENNER Q. ORLANDA** with postal address at Bk. 16 Lot 17 Los Rios Town and Country West, Molino III, Bacoor, Cavite and for the satisfaction of the mortgage debt which as of 31 August 2020 amounts to **NINE HUNDRED SIXTY SEVEN THOUSAND THREE HUNDRED TWENTY PESOS & 97/100 (P967,328.97)**, exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned sheriff will sell at public auction on **April 28, 2021 at 11:00 o'clock** in the morning or soon thereafter in the Court Room of Branch 90, Regional Trial Court, Ground Floor, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Barrio II, Dasmariñas City, Province of Cavite to the highest bidder and for **CASH or CERTIFIED CHECK**, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to-wit:

Transfer Certificate of Title No. 057-2015032011

IT IS HEREBY CERTIFIED that certain land situated in **BD. OF SALAWAG, MUN. OF DASMARIÑAS, PROV. OF CAVITE, IS. OF LUZON**, bounded and described as follows:

A PARCEL OF LAND (LOT 12, BLK. 9 OF THE CONS./ SUBD. PLAN, PCS-04-017861, BEING A PORTION OF THE CONS. OF LOTS 5774-N&W, FL8-2586, 5775, 6381, 6582, 6583, 6584, 6585, 6586, 6587, 6588, 6589, 6590, 6591, 6592 & 6593), (MGS ESTATE, LRC REC. NO. 10229), SITUATED IN THE **BD. OF SALAWAG, MUN. OF DASMARIÑAS, PROV. OF CAVITE, IS. OF LUZON**, BOUNDED ON THE SW,

ALONG LINE 1-2 BY RD., LOT 25; ON THE NW, ALONG LINE 2-3 BY LOT 14, BLK. 9; ON THE NE, ALONG LINE 1-4 BY RD., LOT 1; AND ON THE SE, ALONG LINE 4-1 BY LOT 11, BLK. 9, ALL OF THE CONS./ SUBD. PLAN, BEGINNING AT A PT. MARKED "1" ON PLAN BEING S. 42 DEG. 15' W. 715.07 M. FROM MON. NO. 124, IMLS ESTATE, THENCE N. 57 DEG. 08' W. 10.00 M. TO PT. 2, THENCE N. 32 DEG. 52' E. 12.50 M. TO PT. 3, THENCE S. 57 DEG. 08' E. 10.00 M. TO PT. 4, THENCE S. 32 DEG. 52' W. 12.50 M. TO THE PT. OF BEGINNING, CONTAINING AN AREA OF ONE HUNDRED TWENTY FIVE (125) SQ. METERS. ALL PTS. REFERRED TO ARE INDICATED ON PLAN AND ARE MARKED ON THE GROUND BY PS-CYL CONC. MONS. 15X40 CM., BEARING TRUE, DATE OF SURV. SURVEY, JAN. 27, 1923 AND THAT OF THE CONS./ SUBD. SURVEY, JUNE 4-SEPT. 28, 2001 AND WAS APPROVED ON JUNE 18, 2002.

Prospective buyers and/or bidders are hereby required to investigate for themselves the title of the said real property and the exact nature thereof, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the publication auction should not take place on the said date and time, it shall be held on April 23, 2021, at the same time and place without further notice.

19 November 2020, Dasmariñas City, Province of Cavite.

(Sgt.) **RODRIGO C. ESTOGERO, JR.**  
Sheriff IV

(Sgt.) **ATTY. MARCELA L. BAYDAD**  
Clerical Court VI & Ex-Officio Sheriff

Date of Raffle of Judicial Notices: 5 November 2020

Copies Furnished:

**CHINA BANK SAVINGS, INC.**  
CBS Building No. 314 Sen. Gil J. Payson Ave., Makati City

**MARY ANN B. ORLANDA and JENNER Q. ORLANDA**  
Bk. 16 Lot 17 Los Rios Town and Country West,  
Molino III, Bacoor, Cavite

Notice posted at:

- The Bulletin Board of Regional Trial Court, Dasmariñas City, Cavite.
- The Bulletin Board of Dasmariñas City Hall
- The Bulletin Board of Dasmariñas City Post Office
- The Bulletin Board of Dasmariñas City Public Market

Publication: **DIYARYO KABITENYO**  
Dates: **March 15, 22 & 29, 2021**

Republic of the Philippines  
**OFFICE OF THE CITY  
CIVIL REGISTRAR**  
City of General Trias, Cavite  
(046) 508-5014

**NOTICE OF PUBLICATION**

In compliance with Section 5 of R.A. 9648, notice is hereby served to the public that **ALONA PAREN DELA CRUZ** has filed with this Office a petition for Change of First Name from **DELLALAN** to **ALONA** in the birth certificate of **DELLALAN PAREN DELA CRUZ** who was born on 15 October 1969 at General Trias, Cavite and whose parents are **Estanislao M. dela Cruz and Alicia P. Parais**.

Any person adversely affected by said petition may file his/her written opposition to this Office not later than **March 23, 2021**.

(Sgt.) **ARLENE E. BUGTONG**  
City Civil Registrar

**DIYARYO KABITENYO - March 15 & 22, 2021**

Republic of the Philippines  
**OFFICE OF THE CITY  
CIVIL REGISTRAR**  
City of General Trias, Cavite  
(046) 508-5014

**NOTICE OF PUBLICATION**

In compliance with Section 5 of R.A. 9648, notice is hereby served to the public that **COBRAZON ESTANDARTE CAYAO** has filed with this Office a petition for Change of First Name from **SOCORRO** to **COBRAZON** in the birth certificate of **SOCORRO SAMANIEGO ESTANDARTE** who was born on 25 September 1967 at General Trias, Cavite and whose parents are **Fernando P. Estandarte and Gloria A. Samaniego**.

Any person adversely affected by said petition may file his/her written opposition to this Office not later than **March 23, 2021**.

(Sgt.) **ARLENE E. BUGTONG**  
City Civil Registrar

**DIYARYO KABITENYO - March 15 & 22, 2021**

## Pick up the pace! Slow walkers four times more likely to die from COVID-19, study finds

Slow walkers are almost four times more likely to die from COVID-19, and have over twice the risk of contracting a severe ver-

sion of the virus, according to a team of researchers from the National Institute for Health Research (NIHR) Leicester Biomedical Research Centre led by Professor Tom Yates at the University of Leicester. The study of 412,596 middle-aged UK Biobank participants exam-

ined the relative association of body mass index (BMI) and self-reported walking pace with the risk of contracting severe COVID-19 and entary behaviour and Health at the University of Leicester said. "We know already that obesity and frailty are key risk factors for COVID-19 outcomes. This is the first study to show that slow walkers have a much higher risk of contracting severe COVID-19 outcomes, irrespective of their weight.

COVID-19 mortality. The analysis found slow walkers of a normal weight to be almost 2.5 times more likely to develop severe COVID-19 and 3.75 times more likely to die from the virus than normal weight fast walkers. Professor Yates, Lead Researcher for the study and a Professor of Physical Activity, Sed-

**DEED OF EXTRAJUDICIAL SETTLEMENT, PARTITION AND ADJUDICATION OF THE ESTATES OF JUANITA GENIDO PURIFICACION**

NOTICE is hereby given that the estate of the deceased **JUANITA GENIDO PURIFICACION** who died intestate on November 12, 2020 at 9) Anaba, L.B. City of Imus, Cavite, her place of residence at the time of her death, consisting of three-sixth (3/6) undivided shares over several parcels of land, located at Anaba, City of Imus, Cavite and at Salawag, Dasmariñas City, Cavite more particularly described as follows:

**TRANSFER CERTIFICATE OF TITLE NO. T-189753 (With House)**

A parcel of land situated in the Barrio of Anaba 2<sup>nd</sup>, Mun. of Imus, Province of Cavite, containing an area of FOUR HUNDRED SEVENTY NINE (479) SQUARE METERS, more or less.

**TRANSFER CERTIFICATE OF TITLE NO. 057-201703117**

A parcel of land situated in the Brgy. of Salawag, Mun. of Dasmariñas, Province of Cavite, Island of Luzon, containing an area of THREE HUNDRED SIXTY TWO (362) SQUARE METERS, more or less.

**TRANSFER CERTIFICATE OF TITLE NO. 057-202002590**

A parcel of land situated in the Mun. of Dasmariñas, Prov. of Cavite, Is. of Luzon, containing an area of TWO THOUSAND TWO HUNDRED NINETY (2,290) SQUARE METERS, more or less.

**TRANSFER CERTIFICATE OF TITLE NO. 057-202002591**

A parcel of land situated in the Mun. of Dasmariñas, Prov. of Cavite, Is. of Luzon, containing an area of ONE THOUSAND SIX HUNDRED SIXTY FOUR (1,664)

SQUARE METERS, more or less.

**TRANSFER CERTIFICATE OF TITLE NO. 057-202002592**

A parcel of land situated in the Mun. of Dasmariñas, Prov. of Cavite, Is. of Luzon, containing an area of THREE HUNDRED TWENTY NINE (229) SQUARE METERS, more or less.

**TRANSFER CERTIFICATE OF TITLE NO. 057-201801287**

A parcel of land situated in the Brgy. of Salawag, Mun. of Dasmariñas, Prov. of Cavite, Island of Luzon, containing an area of THREE THOUSAND THREE HUNDRED TWENTY TWO (3,322) SQUARE METERS, more or less.

**TRANSFER CERTIFICATE OF TITLE NO. 057-201801288**

A parcel of land situated in the Brgy. of Salawag, Mun. of Dasmariñas, Prov. of Cavite, Is. of Luzon, containing an area of THREE THOUSAND SIXTY SIX (3,666) SQUARE METERS, more or less.

**TRANSFER CERTIFICATE OF TITLE NO. 057-201801289**

A parcel of land situated in the Brgy. of Salawag, City of Dasmariñas, Prov. of Cavite, Island of Luzon, containing an area of THIRTEEN THOUSAND ONE HUNDRED SIX (13,106) SQUARE METERS, more or less.

has been adjudicated and extrajudicially settled by and among her heirs as equal share, pro indiviso on February 19, 2021 at Province of Cavite before Notary Public Atty. Jose R. Bawalar and entered in his Notarial Register as Doc. No. 421, Page No. 85, Book No. 0, Series of 2021.

(Sgl.) Surviving Children with conformity of spouses

Publication: DIYARYO KABITENYO  
Date: March 15, 22 & 29, 2021

**DEED OF SOLE ADJUDICATION OF ESTATE OF THE DECEASED JUANCHO BALINGIT DELA CRUZ**

NOTICE is hereby given that the estate of the deceased **JUANCHO BALINGIT DELA CRUZ** who died intestate on February 10, 2021 at Dasmariñas City, Cavite, consisting of real properties with improvements, to wit:

**Transfer Certificate of Title No. T-1837309 Registry of Deeds for the Province of Cavite**

A parcel of land situated in the Brgy. Of Malamor, Mun. of Bacong, Prov. of Cavite, Is. of Luzon, containing an area of ONE HUNDRED FORTY SEVEN (147) SQ. METERS.

**Transfer Certificate of Title No. T-200519 (Transferred from Province of Cavite NEW TITLE NO. TC-0400387)**

A parcel of land situated in the Brgy. Of Malamor, Mun. of Bacong, Prov. of Cavite, Is. of Luzon, containing an area of SEVENTY SIX (76) SQ. METERS

has been self-adjudicated by his sole heir **LEONILA S. DELA CRUZ** on March 8, 2021 at the City of Imus, Cavite before Notary Public Atty. Carlos Emmanuel C. Montoya and entered in his Notarial Register as Doc. No. 45, Page No. 9, Book No. V, Series of 2021.

(Sgl.) Heir/Affiant

Publication: DIYARYO KABITENYO  
Date: March 15, 22 & 29, 2021

**EXTRAJUDICIAL SETTLEMENT OF ESTATE OF THE DECEASED JOSE IBAROLA JARDIN**

NOTICE is hereby given that the estate of the late **JOSE IBAROLA JARDIN** who died intestate on June 8, 1990 in Makati City, consisting of a parcel of land with improvements situated in the Bn. of Buenavista, Mun. of Gen. Triun, Prov. of Cavite, covered by Transfer Certificate of Title No. T-440113 of the Registry of Deeds for Cavite Province, containing an area of EIGHTY ONE (81) SQUARE METERS, that said deceased left no debts, liabilities or obligations whatsoever except with the **ADELINA REALTY CORPORATION** (originating institution) / **NATIONAL HOME MORTGAGE FINANCE CORPORATION (NHMFPC)**, has been adjudicated and extrajudicially settled by and among his heirs with waiver of rights and interest in favor of **ROSEMARIE Q. JARDIN** on March 12, 2021 at the City of Imus, Cavite before Notary Public Atty. Carlos Emmanuel C. Montoya and entered in his Notarial Register as Doc. No. 170, Page No. 34, Book No. V, Series of 2021.

(Sgl.) All Heirs

Publication: DIYARYO KABITENYO  
Date: March 15, 22 & 29, 2021

**EXTRAJUDICIAL SETTLEMENT OF ESTATE OF THE DECEASED MONTANO REYES BARISO**

NOTICE is hereby given that the estate of the deceased **MONTANO REYES BARISO** who died intestate on September 25, 2020 in Imus City, Cavite, consisting of a parcel of land with improvements situated in the Barrio of ALAPAM, Municipality of IMUS, province of CAVITE, Island of LUZON, covered by Transfer Certificate of Title No. T-580520 of the Registry of Deeds for the Province of Cavite, containing an area of FORTY (40) SQUARE METERS has been adjudicated and extrajudicially settled by and among their heirs, that further, Abigail S. Bariso waives all her rights and interest in favor of **LIGAYA S. BARISO** and **ARVIN JOSEUA S. BARISO** on February 19, 2021 at the City of Imus, Cavite before Notary Public Atty. Carlos Emmanuel C. Montoya and entered in his Notarial Register as Doc. No. 420, Page No. 84, Book No. 0, Series of 2021.

(Sgl.) All Heirs

Publication: DIYARYO KABITENYO  
Date: March 15, 22 & 29, 2021

**94% of older adults prescribed drugs that raise risk of falling**

Nearly every a fall-risk-increasing drug climbed to 94% in 2017, a significant leap from 57% in 1999. The research also revealed that the rate of death caused by falls in older adults more than doubled during the same time period. The study found that the percentage of adults 65 and older who were prescribed

Even minor falls may be dangerous still result in injuries for older adults. Falls are such as hip fractures and head

traumas -- that may lead to fall injuries among older adults, according to the Centers for Disease Control and Prevention.

traumas -- that may lead to fall injuries among older adults, according to the Centers for Disease Control and Prevention.

Republic of the Philippines  
Fourth Judicial Region  
**REGIONAL TRIAL COURT**  
BRANCH 89  
City of Bacor

**IN THE PETITION FOR THE ISSUANCE OF A  
NEW DUPLICATE CERTIFICATE OF TITLE TO  
PROPERTY.**

LRC 8843-2018-160

**SPS. ESTEBEN and MERCEDES FRANCISCO,**  
Petitioner.

—\*—  
**AMENDED ORDER**

The above-entitled petition was referred to the undersigned Assisting Judge in October 2020 pursuant to Supreme Court Administrative Order No. 193-2019.

The petition is for the issuance of a new duplicate copy of Transfer Certificate of Title No. T-911487.

**NOTICE IS GIVEN** that said petition is set for hearing on **APRIL 16, 2021 at 1:30 in the afternoon.** All interested parties/persons are directed to appear and show cause why the same should not be granted.

Let this Order be published once a week for two (2) consecutive weeks in a newspaper of general circulation in the Province of Cavite.

The Process Server of this Court is ordered to post copies of this Order in three (3) conspicuous places in the City of Bacor where the subject property is located.

Furnish copies of this Order and the petition the Register of Deeds of the Province of Cavite and the City of Bacor.

**SO ORDERED.**

Done in chamber, Bacor City, December 17, 2020

(Sgd.) **AMALIA G. GUMAPO-RICABLANCA**  
Assisting Judge

Publication : DIYARYO KABITENYO  
Date : March 22 & 29, 2021

Republic of the Philippines  
**MUNICIPAL CIVIL REGISTRY OFFICE**  
MUNICIPALITY OF TANZA  
Province of Cavite

Publication Notice  
R.A. 10172

**NOTICE TO THE PUBLIC**

Date: March 18, 2021

**CCE-0012-2021**

In compliance with the publication requirement and pursuant to OCRG Memorandum-Circular No. 2013-1 Guidelines in the Implementation of the Administrative Order No. 1, Series of 2012 (ORR as R.A. 10172), Notice is hereby served to the public that **EDMOND B. VITOBIÑA**, has filed with this Office, a petition for **CORRECTION OF ENTRY IN CHILD'S SEX** from **"FEMALE"** to **"MALE"**, in the Certificate of Live Birth of one **EDMOND DONAIRE VITOBIÑA**, who was born on **MAY 22, 1989** at Tanza, Cavite of parents **ANDRES P. VITOBIÑA & YOLANDA D. DONAIRE**.

Any person adversely affected by said petition may file his/her written opposition with this Office not later than **April 5, 2021**.

(Sgd.) **MA. THERESA J. CESA**  
Municipal Civil Registrar

DIYARYO KABITENYO - March 22 & 29, 2021

**EXTRA JUDICIAL SETTLEMENT  
OF ESTATE WITH DEED OF ABSOLUTE SALE**

NOTICE is hereby given that the estate of the deceased **TERESITA A. IGNACIO** and **AURELIO B. IGNACIO JR.** who both died intestate on September 8, 2017 and on March 14, 2013 respectively, and **ALVIN D. IGNACIO** who died intestate on September 19, 2019, all at Cavite City, consisting of a parcel of land with improvements thereon, situated at Cavite City, covered by Transfer Certificate of Title No. T-22766 of the Register of Deeds for the Province of Cavite, containing an area of **ONE HUNDRED EIGHTY (180) SQUARE METERS**, more or less, has been adjudicated and extra-judicially settled by and among their heirs equally; that, for and in consideration of the sum of **EIGHT HUNDRED THOUSAND PESOS (P800,000.00)** Philippine Currency, they do hereby **BELL TRANSFER AND CONVEY** unto **SPOUSES CHRISTINE GAY B. ESCORPISO & RAMON S. ESCORPISO JR.** and their issue child, **RAMONSELL JANINE RIVERA ESCORPISO**, their heir and assigns; all their rights, interest and participation in the above described property on February 25, 2021 at Cavite City before Notary Public Atty. Sibat V. Agbinao and entered in her Notarial Register as Doc. No. 6026, Page No. 6, Book No. 7, Series of 2021.

(Sgd.) All Heirs

Publication : DIYARYO KABITENYO  
Date : March 22, 29 and April 5, 2021

**EXTRAJUDICIAL SETTLEMENT OF ESTATE  
With DEED OF ABSOLUTE SALE**

NOTICE is hereby given that the estate of the late **ALMARIO GATULASENERS** and **NIEVES CATURAY SENERIS** who both died intestate on November 26, 2009, at New Era, Quezon City and February 28, 2012 at Cavite City respectively, consisting of a parcel of land with improvements found thereon, located at Antero Soriano St., Brgy. 22 (LEO), Caridad, Cavite City, covered by OCT No. O-12, containing an area of **One Hundred Seventy Nine (179) Square Meters**, has been adjudicated and extrajudicially settled by and among their heirs; that further, for and in consideration of the sum of **FIVE HUNDRED THOUSAND (500,000.00)**, Philippine Currency, to us in hand paid to our great satisfaction by **ARDEE PAPA CAMPUSPOS**, hereby **SELL, CONVEY, and TRANSFER** by way of Deed of Absolute Sale **ARDEE PAPA CAMPUSPOS**, to his heirs and assigns all their interests in the parcel of land described above October 5, 2020 at Cavite City, Philippines before Notary Public Atty. Sibat V. Agbinao and entered in his Notarial Register as Doc. No. 1075, Page No. 94, Book No. 4, Series of 2021.

(Sgd.) Heirs/Vendor

Publication : DIYARYO KABITENYO  
Date : March 17, 22 & 29, 2021

**ADDENDUM TO DEED OF SOLE ADJUDICATION  
OF ESTATE OF THE DECEASED  
JUANCHO BALINGIT BELA CRUZ**

NOTICE is hereby given that on March 8, 2021, **LEONILA B. DELA CRUZ** executed a "Deed of Sole Adjudication of Estate of the Deceased **JUANCHO BALINGIT BELA CRUZ**" before Notary Public Atty. Carlos Emmanuel C. Montoya of Imus City, Cavite docketed as Doc. No. 45, Page No. 9, Book No. V, Series of 2021, covering two (2) properties as indicated on the said document.

That, however, there is one (1) more property that was not included in the said document due to her inadvertence or honest mistake brought about by grief and sorrow for passing of her husband.

That the property subject of this Addendum is covered by Transfer Certificate of Title No. T-685185 of the registry of Deeds for Cavite Province (with improvements) described as follows:

A PARCEL OF LAND situated in the barrio of **BUKANDALA**, Municipality of **IMUS**, Province of **CAVITE**, Island of **LUZON**, containing an area of **SEVENTY SIX (76) SQUARE METERS**

That she hereby adjudicates unto herself extrajudicially the above-described property being the only surviving spouse of the deceased **Juancho Balingit dela Cruz** pursuant to Sec. 1, Rule 74 of the Rules of Court and subject to the 2-year lien under Sec. 4, Rule 74 on March 12, 2021 at the City of Imus, Cavite before Notary Public Atty. Carlos Emmanuel C. Montoya and entered in his Notarial Register as Doc. No. 193, Page No. 38, Book No. V, Series of 2021.

(Sgd.) **LEONILA B. DELA CRUZ**

Publication : DIYARYO KABITENYO  
Date : March 22, 29 and April 5, 2021

## The bald truth: Altered cell divisions cause hair thinning

Hair grows from (TMDU) and the Uni-stem cells residing in the vicinity of Tokyo identified a novel mechanism by which hair follicles lose their regenerative capabilities. Hair follicles are mini-organs from which new hair constantly grows. The basis for new hair growth is

the proper function of hair follicle stem cells (HFSCs). HFSCs undergo cyclic symmetric and asymmetric cell divisions (SCDs and ACDs). SCDs generate two

identical cells that go on to have the same fate, while ACDs generate a differentiating cell and a self-renewing stem cell. The combination ensures that the stem cell

population continues of HFSC function due to exist, yet how those to aging is not yet completely understood.

# Of mice and men and their different tolerance to pathogens

Trillions of commensal microbes live on the mucosal and epidermal surfaces of the body and it is firmly established that this microbiome affects its host's tolerance and sensitivity of the host to a variety of pathogens. However, host tolerance to infection with pathogens is not equally developed in all organisms. For example, it is known that the gut microbiome of mice protects more effectively against infection with certain pathogens, such as the bacterium *Salmonella typhimurium*, than the human gut microbiome.

This raises the in-

teresting possibility that analyzing differences between host-microbiome interactions in humans and other species, such as mice, and pinpointing individual types of bacterial that either protect or sensitize against certain pathogens, could lead to entirely new types of therapeutic approaches. However, while the intestinal microbiome composition and its effect on host immune responses have been well investigated in mice, it is not possible to study how the microbiome interacts directly with the epithelial cells lining the intestine under highly

defined conditions, and thereby uncover specific bacterial strains that can induce host-tolerance to infectious pathogens. Now, a collaborative team led by Wyss Founding Director Donald Ingber, M.D., Ph.D. at Harvard's Wyss Institute for Biologically Inspired Engineering and Dennis Kasper, M.D. at Harvard Medical School (HMS) has harnessed the Wyss's microfluidic Organs-on-Chip (Organ Chip) technology to model the different anatomical sections of the mouse intestine and their symbiosis with a complex living microbiome in vitro.

# Exercise during pregnancy may save kids from health problems as adults

Exercise during pregnancy may let mothers significantly reduce their children's chances of developing diabetes and other metabolic diseases later in life, new research suggests.

A study in lab mice has found that maternal exercise during pregnancy prevented the transmission of metabolic diseases from an obese parent — either mother or father — to child. If the finding holds true in humans, it will have "huge implications" for helping pregnant women ensure their children live the healthiest lives possible, the researchers report in a new scientific paper.

This means that one day soon, a woman's first trip to the doctor after conceiving might include a prescription for an exercise program.

"Most of the chronic diseases that we talk

about today are known to have a fetal origin. This is to say that the parents' poor health conditions prior to and during pregnancy have negative consequences to the child, potentially through chemical modification of the genes," said researcher Zhen Yan, PhD, a top exercise expert at the University of Virginia School of Medicine.

To determine "We were inspired by our previous mouse research implicating that regular aerobic exercise for an obese mother before and during pregnancy can protect the child from early onset of diabetes. In this study, we asked the questions, what if an obese mother exercises only during pregnancy, and what if the father is obese?"

Scientists have known that exercise during pregnancy helps lead to healthy babies, reducing the risk of pregnancy complications

and premature delivery. But Yan, the director of the Center for Skeletal Muscle Research at UVA's Robert M. Berne Cardiovascular Research Center, wanted to see if the benefits continued throughout the children's lives. And his work, both previous and new, suggests it does.

To determine that, Yan and his colleagues studied lab mice and their offspring. Some of the adult mice were fed typical mouse chow before and during pregnancy, while others were fed a high-fat, high-calorie diet to simulate obesity. Some receiving the high-fat diet before mating had access to a voluntary running wheel only during pregnancy, where they could run all they liked, while others did not, meaning they remained sedentary.

pregnancy complications